

LET'S TAKE CARE OF OUR FOOTHILLS!



GET READY TO GO!

- Protect yourself from the sun, wind, heat, and cold.
- Wear sturdy shoes. Trails have steep and uneven surfaces.
- Review your route on the map.
- Bring a leash for your pet and plastic bags to pack out your pet's waste.



STAY ON DESIGNATED TRAILS

- Stay on the trail—shortcuts are often too steep to be sustainable.
- Respect private property and the privacy of people living along the trail.
- Avoid using wet and muddy trails - they are easily damaged. If you encounter mud, travel single file in the middle to avoid trail widening.



PACK OUT YOUR TRASH AND DOG POOP

- Carry all litter home, especially food wrappers, tissues, and plastic bottles.
- Use a plastic bag to pack out your pet's poop to a garbage can.



LEAVE IT AS YOU FIND IT

- Leave items you find – like wildflowers, feathers, and antlers – for others to enjoy and wildlife to use.
- Treat living plants with respect. They provide homes for insects, food for birds and animals, and seeds for regrowth.



PREVENT WILDLAND FIRES

- Be on alert: Sagebrush grasslands can experience wildfire any time of year.
- No fireworks, smoking, open flames, or shooting.
- Vehicle exhaust pipes can spark and ignite roadside grass & trigger a wildfire.



RESPECT WILDLIFE AND MANAGE YOUR PET

- Observe wildlife from a distance and never approach, feed or follow.
- Snakes and lizards are important members of the natural community – give them distance and respect.
- Keep your pet under control to protect it, other visitors, and local wildlife.



SHARE OUR TRAILS

- Be considerate when passing others on the trail. Downhill traffic yields to uphill traffic
- All users give horses the right-of-way. Bikers yield to hikers.
- Let the sounds of nature be part of everyone's experience.
- Be respectful of other visitors who are also there to have fun and enjoy the outdoors.



LOVE YOUR FOOTHILLS

- Doing your part to care for our foothills helps to protect them for all visitors and for wildlife.
- The more you know, the more fun you will have! Learn at www.cdlandtrust.org.
- Communicate to others your love of the foothills and encourage them to treat them with respect.
- Volunteer! Sign up to help with on-going trail work and weed control at: www.cdlandtrust.org.